May 2021

Centretown Community Health Centre - Early Years and EarlyON Child and Family Centre

Bill Goodwin Toy Lending Library

You can find our toy calendar on our website to select up to two toys for a two week period.

Temporarily closed due to Stay-at-Home order.

Supports offered on Tuesdays

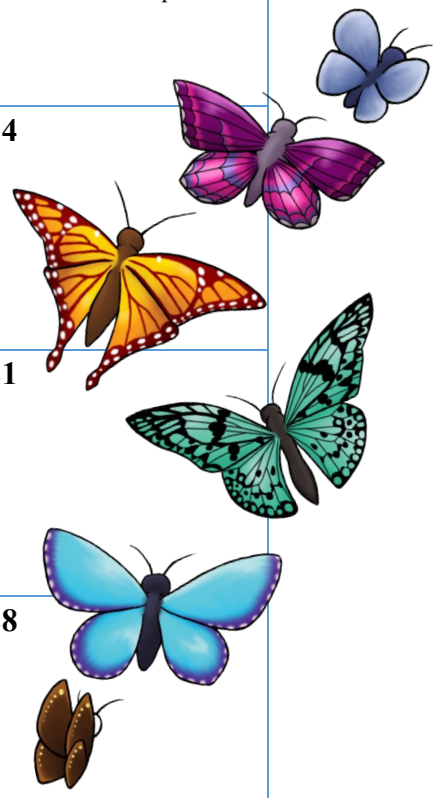
Breastfeeding Support with a Registered Nurse.

Call 613-233-2317 ext. 2144.

Community Baby Weight Check offered every Tuesday 1:00-4:00pm.

Call 613-233-4697 to book an appointment .

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **Virtual Playgroup 0-6 years** 9:30-10:30am	**4** **Welcome Baby Prenatal Nutrition Program** 10:00-11:30am **Wiggles & Giggles** 4:30-5:00pm	**5** **Virtual Playgroup 0-6 years** 9:30-10:30am **Virtual Tiny Toes** 2:15-3:00pm	**6**	**7** **Birth, Breastfeeding and Baby Prenatal class** **(English)** 9:00-12:00pm
10 **Virtual Playgroup 0-6 years** 9:30-10:30am	**11** **Welcome Baby Prenatal Nutrition Program** 10:00-11:30am **Family Fun with Food** 4:00-5:30pm	**12** **Virtual Playgroup 0-6 years** 9:30-10:30am **Virtual Tiny Toes** 2:15-3:00pm	**13**	**14**
17 **Virtual Playgroup 0-6 years** 9:30-10:30am	**18** **Welcome Baby Prenatal Nutrition Program** 10:00-11:30am **Wiggles & Giggles** 4:30-5:00pm	**19** **Virtual Playgroup 0-6 years** 9:30-10:30am **Virtual Tiny Toes** 2:15-3:00pm	**20**	**21**
24 **Centre Closed**	**25** **Welcome Baby Prenatal Nutrition Program** 10:00-11:30am **Wiggles & Giggles** 4:30-5:00pm	**26** **Virtual Playgroup 0-6 years** 9:30-10:30am **Virtual Tiny Toes** 2:15-3:00pm	**27**	**28**
31 **Virtual Playgroup 0-6 years** 9:30-10:30am				



To register for a program, click on a date above and complete the pre-registration section.
For all other inquiries and additional information on our programs and services, please contact us below;

parent-child@centretownchc.org **(613) 233-4443** **www.centretownchc.org**

Ottawa EarlyON Child and Family Centre ON y va Centre pour l'enfant et la famille | Centretown Community Health Centre Centre de santé communautaire du Centre-ville | Ontario | Ontario's Community Health Centres